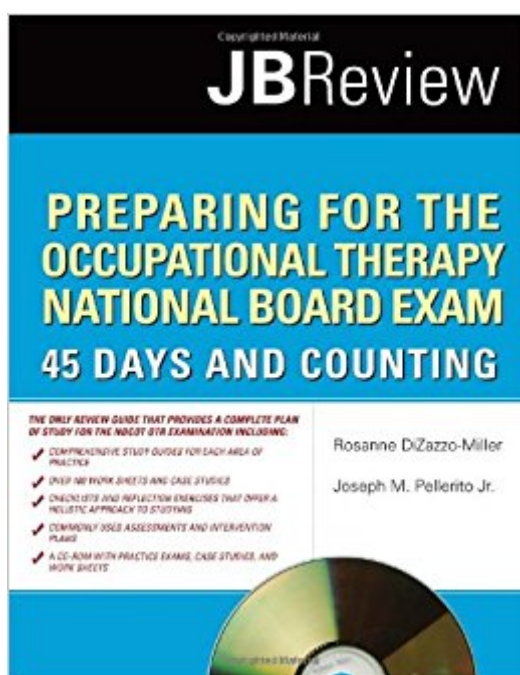


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# Preparing For The Occupational Therapy National Board Exam: 45 Days And Counting



## Synopsis

Preparing for the Occupational Therapy National Board Exam: 45 Days and Counting is a comprehensive overview for occupational therapy students preparing to take the National Board for Certification in Occupational Therapy (NBCOT) exam. Containing more than just study questions, this comprehensive review guide is organized by domain areas and each subject is addressed according to the degree it is covered on the NBCOT examination. Corresponding workbook pages include specific references to occupational therapy curricula, enabling additional exploration of content that is challenging or unfamiliar. Also included with each new print copy of the review guide, the companion CD-ROM simulates online testing with multiple choice practice questions, each providing evidence-based rationale for why a particular answer is correct or incorrect. Health and wellness is also addressed throughout the book with test-taking strategies, study plans, goal sheets and other stress-reducing tips. A well-rounded, informational, and helpful guide, Preparing for the Occupational Therapy National Board Exam: 45 Days and Counting is a valuable resource to help students prepare for the NBCOT exam. Features: Detailed schedule for 45-days of study In depth content outlines for each chapter References for each question with evidenced based rationale Over 100 Figures and Tables to illustrate key points Wellness Tips and Self Assessment forms to develop healthy study habits Study Plans and Goal Sheets to keep focused and on track Example of a completed study guide with resources \*CD ROM with over 100 test questions, case studies, and work sheets \*Please note: Electronic formats of this review guide do not include the CD ROM.

## Book Information

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## Customer Reviews

I used this book while I was studying for the NBCOT exam and I followed the whole schedule (actually 49 days for me) and completed the whole book. The book is self guided with great worksheets. I had the Therapy Ed book for studying which is nice but it is not interactive and it is rough to read with quite a few typos. While reading it I was not retaining much of the information. Using 45 Days and Counting while filling out and completing the worksheets really helped me retain the information. I would recommend this book to anyone, if you seriously complete the book and all the worksheets and assessments that come with it there is NO WAY you will fail the exam. Great use of my money!!!

This book is very helpful in aiding with organizing your approach to studying. Before getting it, I felt like there was this huge, ominous amount of material to cover with no idea where to begin. It is also nice that it helps to keep you organized by letting you know how many days you should spend on each chapter, though I generally use this as a loose guide and sometime spend more or less time on it depending on my comfort level with the material. There are some negatives to the book though: I saw mentioned in other reviews that at many points it is just a very basic outline- this is true. Sometimes the bullet points will have one or two words with no description, which gets a little frustrating. They do provide references for each outline section to let you know where the material is from, and this is helpful if you have the book they are referring to, but if you don't then you are kind of out of luck unless you look the info up somewhere else. Also, since the book is a little bit older, it refers to the older edition of some books (Pedretti and OT for children, to be specific) so the page numbers given to refer to don't match up with the current editions. Overall though, I have found it helpful. I am also using another study set and the material seems to match up closely.

This CD gives you both customized quizzes and performance results that tell you what you want to know. Mac users beware; the software will give you test questions by chapter in an HTML format but will not provide you with the tweaked out bells and whistles provided for the PC version that I enjoyed. I tried both- the Mac version doesn't provide you with the domain specific or customized test result features like the PC version does. The read me files or instructions do not explicitly tell you about the absence of these features either. Only after borrowing a friend's PC did I see the obvious advantages of using the PC for this CD. Another plus about this CD-ROM is that it the

content is not so hard as to discourage you like other learning aides (ie. TherapyEd review tests). Although I did find the TherapyEd book helpful to build my knowledge base for taking the NBCOT (I did not pass the first time), I learned that many details the T-ed book provided were too specific. The NBCOT makes you wait 45 days to take it again. If you're in that position, I'd recommend this book due to the 45 day structure, the specialized feedback, and the encouraging content.

I used this review with other books and this was not that helpful. For the general content review, this book does a good job; however, the questions are nowhere near the questions on the actual test. If you are looking for questions that mimic the actual test, I will not recommend this book.

This book was a great study resource for me and I would recommend to anyone! For someone who needs structure to studying- this is the book for you! I passed the test my first time and attribute my study schedule and structure to this book!

Not really help for me

I want to start off by emphasizing that this is not a review on the content of the book as I haven't gotten around to finishing all the chapters yet. All I can really say about the content is that it allows you to brush up on important information for each topic while also providing references on where to find the given information in textbooks. The CD it comes with is identical to the set up of the Johnson review book except the questions are a bit harder, but basically the same format. I wanted to rave about the condition of the book because in the description it said that it was only in "good" condition with slight wear and tear at the corners, so I thought it would look kind of used and worn in, but when I received it, to my surprise the book looked brand new. Also, I got the book within a week of ordering it, which to me was altogether great service! I would definitely recommend buying the book used, as long as it's from a trusted seller, and this seller was awesome. :)

This brought me to success in my professional career

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